

## **PANY - Tele-treatment Reading List - Spring 2020**

Bayles M (2012). Is physical proximity essential to the psychoanalytic process? An exploration through the lens of Skype. *Psychoanal Dial* 22:569–85

Brottman M (2012). Whereof one cannot speak: Conducting psychoanalysis online. *Psychoanal Rev* 99:19–34.

Dettbarn, I. (2013). Skype as the uncanny third. Scharff, J. S. (Ed.) *Psychoanalysis online: Mental health, teletherapy, and training*. Karnac Books., 15.

Ehrlich, L. T. (2019). Teleanalysis: Slippery Slope or Rich Opportunity? *Journal of the American Psychoanalytic Association*, 67(2), 249–279. <https://doi.org/10.1177/0003065119847170>

Gutierrez, L. (2017) Silicon in 'pure gold'? Theoretical contributions and observations on teleanalysis by videoconference. *International Journal of Psychoanalysis* 98: 1097 - 1120.

Hardt, J. (2019). Does psychoanalysis goes online without a body? Methodical considerations on intercorporeity in analytical encounter. EFP, Madrid, 2019.

Lemma, A. (2015) Psychoanalysis in times of technoculture: Some reflections on the fate of the body in virtual space. *International Journal of Psychoanalysis* 96:569–582.

Migone P (2013). Psychoanalysis on the internet: A discussion of its theoretical implications of both online and offline psychotherapies. *Psychoanal Psychol* 30:281–99.

Russell, Gillian Isaacs (2015). *Screen relations: The limits of computer-mediated psychoanalysis and psychotherapy*. Karnac Books.

Russell, G. I. & Essig, T. (2019). "Bodies and screen relations: moving treatment from wishful thinking to informed decision-making." In Govrin, A., & Mills, J. (eds.) *Innovations in Psychoanalysis: Originality, Development, Progress*. Routledge, London. Also, Russells's 2015 book *Screen Relations* provides a more comprehensive take on the subject.

Scharff, J. (2012). Clinical issues in analyses over the telephone and the internet. *International Journal of Psychoanalysis* 93: 81–95.

Scharff, J. (2013). *Psychoanalysis online: Mental health, teletherapy, and training*. London: Karnac.

Scharff, J. (2019). *Psychoanalysis online: Teleanalytic Practice, Teaching, and Clinical Research*. London: Routledge.

Wallwork, E. (2015). Thinking ethically about beginning online work. Scharff, J. S. (Ed.) *Psychoanalysis Online 2: Impact of Technology on Development, Training, and Therapy*. Karnac Books., 83.

## **TECHNOLOGY AND PSYCHOANALYSIS Reading List (Stephen Malach, MD; J.J. Steinberg, MD)**

### **I. General considerations concerning the pervasive impact of the internet in the lives of patients and analysts and on theory of psychoanalytic clinical practice**

\*Migone, P. (2013) Psychoanalysis on the internet: A discussion of its theoretical implications for both online and offline therapeutic technique. **Psychoanal. Psychol. 30, No. 2: 281-299.**

\*Litowitz, B. (2012) Psychoanalysis and the Internet: Postscript. **Psychoanal. Inq. 32, No. 5: 506-512.**

Essig, T. (2015) The gains and losses of screen relations: A clinical approach to simulation entrapment and simulation avoidance in a case of excessive internet pornography use. **Contemp. Psychoanal. 51: 680-703**

### **II. Reexamining development and psychopathology in the age of the internet**

Bailey, B. (2015) The impact of electronic media and communication on object relations, *Chapter 2 in Psychoanalysis Online 2*, ed. Jill S. Scharff, **Karnac**, London, 2015: 15-28  
(last 4 pp are biblio)

Kieffer, C. (2011) Cyberspace, Transitional Space, and Adolescent Development, *Chapter 4 in The Electrified Mind*, ed. Salman Akhtar, **Jason Aronson**, Lanham, Maryland; 43-62.

\*Dini, K. (2012) On video games, culture, and therapy. **Psychoanal. Inq. 32: 496-505.**

### III. The significance of “embodiment” with respect to distance psychoanalysis; some contributions to psychoanalytic thinking about the influence of “cyberspace” from neuro-scientific and cognitive-psychological research, and the relevance of the concept of “presence”

Lemma, A. (2015) Psychoanalysis in times of technoculture: Some reflections on the fate of the body in virtual space. **IJP 96**: 569-582

Gillian Isaacs Russell interviewed by Tracy Morgan: **Podcast** on *New Books Network* about Russell's book, Screen Relations, The Limits of Computer-Mediated Psychoanalysis and Psychotherapy, **Karnac**, 2015.

<http://files.newbooksnetwork.com/psychoanalysis/050psychoanalysisrussell.mp3>

Optional reading from her book, covering concepts she touches on in the video):

Russell, G. (2015) *Excerpt from Chapter 5, From the first laboratory: neuroscience connections*, in Screen Relations, **Karnac**, London: 79-89.

Russell, G. (2015) *Excerpt from Chapter 6, From the second laboratory: technologically mediated communication*, in Screen Relations, **Karnac**, London: 103-117.

Russell, G. (2015) *Excerpts from Chapter 3, Mapping the digital frontier*, in Screen Relations, **Karnac**, London: 122-127.

Russell, G. (2015) *Excerpt from Chapter 8, The problem of presence*, in Screen Relations, **Karnac**, London: 134-149.

### IV. Clinical issues in the practice of distance (telephone and screen) psychoanalysis

Zalusky, S. (2005) Telephone, psychotherapy, and the 21st century, in Dimensions of Psychotherapy, Dimensions of Experience: Time, Space, Number and State of Mind, ed. M. Stadter and D. E. Scharff, London: **Routledge**: 107-114.

\*Scharff, J. (2012) Clinical issues in analyses over the telephone and the internet, **IJP 93**: 81-95.

\*Mirkin, M. (2011) Telephone analysis: compromised treatment or an interesting opportunity?  
**PQ, 80**: 643-670.

*Optional reading:*

Neumann, D. (2013) The frame for psychoanalysis in cyberspace, *Chapter 16 in Psychoanalysis Online*,

ed. Jill S. Scharff, **Karnac**, London, 2013: 171-181.

Tao, L. Teleanalysis: problems, limitations, and opportunities, *Chapter 9 in Psychoanalysis Online 2*,

ed. Jill S. Scharff, **Karnac**, London, 2015: 105-120.

**V. Clinical issues in the practice of technologically-mediated psychoanalysis (cont.); some ethical (and legal) aspects**

\*Gabbard, G. (2001) Cyberpassion: E-rotic transference on the internet, **Psychanal. Q.**, **70**: 719-737.

\*Essig, T. (2012) *Excerpt from Psychoanalysis lost—and found—in our culture of simulation and enhancement*, **Psychoanal. Inq.** **32**: 447-451.

Wallwork, E. (2013) Ethical aspects of teletherapy, *Chapter 8 in Psychoanalysis Online*, ed. Jill S. Scharff,

**Karnac**, London: 85-94.

Gabbard, G. (2015) One analyst's journey into cyberspace, *Chapter 19 in Psychoanalysis Online 2*,

ed. Jill S. Scharff, **Karnac**, London, 2015: 239-246.

Reference:

Vanderpool, D. (2015) Legal aspects of teleanalysis in the United States. *Chapter 8 in Psychoanalysis Online 2*, ed. Jill S. Scharff, **Karnac**, London: 93-104.